

Take a Break. Explore the World. Discover Your Family.

For generations, the academic world has embraced the idea of the "sabbatical," an extended period of time off during which scholars are free from the responsibilities of teaching and work, free to travel, free to indulge their curiosity, free to recharge their creative batteries. Families deserve a similar break, and a growing number are taking it.

Now it's your turn!

"We leased our house and used the monthly income, along with savings, to live without working for 18 months abroad with our kids. We didn't know a soul in the city we moved to. We couldn't speak the language. We weren't sure our money would last. And we'd never traveled with our children for anything longer than a two-week vacation. But we decided to leave everything else up to chance and see where the adventure took us. Quite honestly, it's one of the best decisions our family ever made."

— Elisa Bernick, author of "The Family Sabbatical Handbook"

Let Elisa and 15 other families who lived in Europe, China, and South America show you...

- The ten most important reasons to live abroad with your kids.
- Why this is a feasible goal, not just a dream.
- How to meet the psychological and financial challenges — and win!
- How to arrange schooling, find housing, and learn the language.
- How to negotiate your reentry into the world you left behind.

"Elisa Bernick has written an impeccable, step-by-step guide for getting out of Dodge. I mean really getting out of Dodge. Equally important, she offers an articulate and fascinating examination of why you might want to do that and the consequences of doing just that. This is not only an excellent handbook; it's also an affecting story of the rewards that accrue to parents with the imagination and courage to change their lives as well as the lives of their children. Perhaps forever."

— Rudy Maxa, Contributing Editor, *National Geographic Traveler*, and star of the PBS series *Smart Travels*

"If there is anything about living abroad with children that Bernick hasn't covered, I certainly didn't find it."

— Janice Macdonald, author and travel writer

"Every American parent should read this book."

— Dan Buettner, explorer, travel journalist and founder of Quest Network

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